



Domestic Violence Workshops

This huge social problem is receiving a lot of attention and you are bound to come across it in your work.

- How confident are you in your skills to have a helpful conversation with a perpetrator of abuse?
- How confident are you in your skills to have a helpful conversation with a victim of abuses?

These workshops are suitable for counsellors, social workers, psychologists, case workers and students.

1. **Day One** - Understanding Domestic Violence
2. **Day Two** - Conversations with Perpetrators
3. **Day Three** - Conversations with Victims

(Day One is a prerequisite for days Two and Three)

Options

- Day One only \$200
- Days One and Two \$325 OR Days One and Three \$325
- All three days \$400

Note: lunch not included.

Presenter

Rob Andrew manages our Domestic Violence services and has worked in the field for twenty years as a practitioner and as a trainer.

For three months after the workshops participants will have access to Q & A. Simply send in a question and we will answer it.

Content

Day One: Understanding Domestic Violence - How we talk about it matters

To have conversations with clients about Domestic Violence (DV) that will make a difference requires a thorough understanding of its perpetration and people's responses to it. This includes exposing misunderstandings. For example, one common misunderstanding is that DV is an outcome of faulty relationship dynamics. Another is that DV is an outcome of the perpetrator's difficulty in managing his anger.

Domestic Violence is so widespread that we understand it as a social problem inherent in the attitudes of the perpetrator.

The importance of Risk Assessment and Safety Planning will be addressed.

Day Two: Conversations with perpetrators

It is very common to seek explanations for abuse by asking 'Why is he abusive?' Some of these explanations may be very compelling but do they in any way lead to possible solutions?

We prefer to ask 'What stops him being respectful?' as this question immediately invites us to think about his attitudes and beliefs.

This workshop will provide skills to engage a man in conversations that highlight the gap between his hopes and dreams and the ways he treats those he cares about. It will offer a language of choice and change which provides a man with more than one well-worn path to follow. In this way he will be more able to match his values with his actions. There is far more to the man than the abuse he has inflicted.

Micro skills for engaging in helpful conversations with men who have used abuse will be demonstrated, and participants will have the opportunity to practice these.

Emphasis will also be placed on ongoing Risk Assessment and Safety Planning.

Day Three: Conversations with Victims

There is a history of women being held partially to blame for abuses inflicted on them, such as 'What did you do to provoke him?', or 'Why didn't you just leave him?' and for 'failing to protect her children'.

Women have also been portrayed as passive recipients who put up with it because they lack both assertion and self-esteem. We believe these questions and portrayals are highly diminishing.

We prefer to ask 'How did you respond when he?', 'How have you resisted his abuse?', 'What stopped you leaving?' and 'How have you tried to keep yourself and your children safe?'

These questions cannot change a woman's history or her material circumstances but they can reposition her from being 'part of the problem' to actively resisting her partner's abuse. One woman reported 'I have learned two things about myself - I am not stupid and I am not responsible for how he treats me'.

This workshop will demonstrate the skills to have expansive conversations with women who have been diminished by the way others have positioned them.

Micro skills for engaging in helpful conversations with women who have experienced abuse will be demonstrated, and participants will have the opportunity to practice these.

Emphasis will also be placed on ongoing Risk Assessment and Safety Planning.

Our credentials

Within its Domestic Violence Services Relationships Australia offers programmes for men, women and children. These services have been offered continuously since 1989.

* We acknowledge the possibility of men as victims of domestic violence, that domestic violence is perpetrated in the LGBTI community. However, men are much more commonly the perpetrators of abuse against women and that is the position adopted in this brochure.

Registration

To register and confirm payment information for workshops please contact 6164 0200. We accept credit card, cheque or money order and cash if none of the other options are available.

Options

- | | | |
|--------------------------|---|--------------|
| <input type="checkbox"/> | Day one only - Understanding Domestic Violence | \$200 |
| | Friday 19 October | |
| | OR | |
| <input type="checkbox"/> | Two days - Understanding Domestic Violence and Conversations with Perpetrators | \$325 |
| | Friday 19 October and Friday 26 October | |
| | OR | |
| <input type="checkbox"/> | Two days - Understanding Domestic Violence and Conversations with Victims | \$325 |
| | Friday 19 October and Friday 2 November | |
| | OR | |
| <input type="checkbox"/> | All three days | \$400 |
| | Fridays 19 October, 26 October and 2 November | |

Workshops held at:

Relationships Australia
Level 1, 22 Southport Street
West Leederville
9.30am - 4.30pm

Cancellations

Changes or cancellations require 3 working days' notice for refund. A \$30 administration fee applies.

Note

It is important to note that course commencement is dependent on numbers attending. If we are unable to reach the minimum number and need to cancel the course we will contact you, As a client of Relationships Australia we need to store your contact details in order to provide you with a service. If you commence a course we will then require you to sign a consent form.